



## Conjunctivitis (Pink Eye)

### **SYMPTOMS:**

#### Bacterial Conjunctivitis

Yellow or greenish discharge from the eye.

Eyelids stuck together with yellowish/greenish discharge (especially after sleeping).

Whites of the eyes may or may not have redness or pinkness.

#### Viral Conjunctivitis

Watery discharge.

Redness to the white part of the eye.

No yellow or green discharge or matting of the eye.

### **TREATMENT:**

#### Bacterial Conjunctivitis

Remove dried and/or liquid discharge from eye with warm water and cotton balls.

Administer antibiotic eye drops according to doctor's instructions.

Exclusion from school and/or daycare until prescription treatment has begun.

#### Viral Conjunctivitis

Cleanse eyes with warm water and cotton balls every 1 to 2 hours.

This may keep bacterial infection from occurring.

Exclusion from daycare and/or school is not required due to its mild contagiousness.

See a doctor if yellow green discharge develops.

**Resource:** Pediatric Telephone Protocols: Office Version. Copyright 1998. Barton Schmitt, MD.